

*"I bless the poverty in your heart, that knows its own emptiness, because that gives me space to grow my Kingdom there.*

*"I bless that in you that touches others gently, because everyone responds to gentleness, and gentleness can capture even hardened hearts.*

*"I bless that in you which grieves and aches for all that is lost or can never be, because that is my opportunity to comfort you with my, much greater, love.*

*"I bless that in you which longs and strives after your own deepest truth and after truth for the world, because even as you pray, I am constantly satisfying these deep unspoken longings.*

*"I bless you every time you show mercy and forgiveness, because that is like a little window in your heart, setting you free from resentment and opening up a space for me to enter and to heal.*

*"I bless the purity of your heart, because that is the elusive centre where your deepest desire meets mine. That is where we meet face to face.*

*"I bless the peacemaker in you, that in you which seeks the peace that passes understanding, knowing the cost of its obtaining, because that is what I sent my Son to give, and in your peacemaking you become my child.*

*"I bless even those things in your experience of journeying with me that feel like persecution and abuse and misunderstanding, because they are the proof that your faith is no illusion."*

*Margaret Silf, Landmarks - An Ignatian Journey*